

Taekwondo Vocabulary List in Alphabetical Order from Transliterated Korean to English

abdomen	dan jun	단전
about face	deer o dol gi, toe ra	뒤로 돌기, 돌아
axe kick	buder chagie	부더 차기
ankle	bahl mahk	발목
arc hand or fork hand	ah kum sahn	아귀손
arch of foot	bahl bong oh ri	발 봉우리
arm	pahl	팔
arranged sparring	machuo kyorugi, mat chow kyo ru gi	맞춰 겨루기
assistant instructor	kyosa nim	교사님
attack	kong kyok, kongkyuk	공격
attention stance	charyot sogi	차렷서기
attention	charyeot, charyot	차렷
avoiding	pihagi	피하기
axe kick (downward foot strike)	nehryuh chahgi	뒷차기 (아래로 발 차기)
back fist	tu chumok, dung chumok	뒷주먹, 등주먹
back fist strike	deung ju mok ap chigie, tung ju mok chigi	등주먹 앞치기, 등주먹 치기
back hand	sahn deung	손등
back hook kick	twihuryo chagi	뒤후려차기
back kick	dui chagi, dwit chagi, twi chagi, twit chagi	뒷차기
back of forearm	deung pahl mahk	등팔목
back side of forearm	wi pahl mahk	윗팔목
back stance	dwit goobi jhase	뒷굽이자세
back stance, backward stance	twit kubi	뒷굽이
back step	moollu jitgi	무루짓기
back	dwit, twit	뒤
backfist	gap kwon	갑권
ball of foot	ahp chook, bahl ahp buri, ap kum chi	앞쪽, 앞꿈치
basic technique	kibon kisool	기본 기술
basic	kibon	기본
belt	tti	띠
black belt ranking	dan, poom, pom	단, 범
black belt	tan, dan	단
blade of foot	bal nal, bahl nahl	발날

block	koduro	고두로
block	magkie, makki	막기
blue wins	chung sung	정성
blue	chung	정
body	shin che, mom	신체
bottom of heel	dwi chook	뒷쪽
boundary line	kyunggye seon	경계선
bow to flags	kuk ki e kyong nye	국기 경례
bow	kyong ney, kyung neh, kyungrye	경례
breaking	kyok pa, kyuk pah	격파
center (where ki is generated)	bokboo	복부
chest protector	ho gu, hogoo	호구
class dismissed	hae cho	해처
closed stance	datchimsae	닫힘세
color belt	kup	급
competition (sport)	shi hap	시합
competition rules	kyunggi kyuchick	경기규칙
competition site	kyunggi jang	경기장
competition	kyunggi	경기
concentration of spirit	jung shin tong il	정신 통일
concentration thrust, push barrel	tong milgi	등밀기
continue	kye sok	계속
continuous kicking	kudup chagi	거듭 차기
corner judge	booshim	부심
counter kicking	badah chagi	바닥 차기
counterattack	bankyug	반경
covering fist	po chumok	포주먹
crane stance	hakdari sogi	학다리 서기
crescent kick	pan dal chagi	반달 차기
cross stance	khoa sogi, kkoasogi	꽈서기
decision	pan jong, panjung	판정
deduction (point)	gam geum, kamjam	감점
defense	banguh	방어
diamond block	kumgang makki	금강 막기
direct attack	jikjup kongkyuk	직접 공격
dismiss	hae san	해산
disqualification	shil kyok, shilkyuk	실격
divination signs (trigrams)	gwe	괘
double fist low block	geodeuro areh magkie	제두로 아래 막기

double fist middle block	geodeuro momtong magkie	제두로 몸통 막기
double kick	doobal dangsung	두발 당성
double knife-hand low block	son nal areh magkie	손날 아래 막기
double knife-hand middle block	sonnal momtong makki	손날 몸통 막기
double uppercut	sosum chirugie	소심 짜르기 지르기
downward kick, axe kick	nae ryo chagi, naeryu chagi	내려 차기
ear	gui	귀
elbow	pahl goop , pahl kup, palgoop	팔꿈
elbow strike	pahl goop chigi, pal kup chigi, palgup chigi	팔꿈 치기
end, halt, stop	keoman, keu man, ku man	그만
eternal power	wae gi	외기
eye	noon	눈
face and head, high, high section	eul gool, olgul	얼굴
face each other	jwa woo hyang woo	좌우 향우
face punch	eulgool chirugi, olgul chirugi	얼굴 짜르기 지르기
facing the flags	kuki yeh	국기 예
fighting stance, close stance	moa seogi, moa sogi	모아 서기
fighting stance, sparring stance	kyorumsae	겨루세
finger	sahn kahrak	손가락
fingertip	sahn keut	손끝
finish, return to ready stance	bahrote, baro, paro, parot	바로
first round	il hoejun	일회전
fist	joo mok, ju mok, chumok	주먹
fist punch	chu mok chirugi	주먹 짜르기 지르기
foot (or feet)	bahl, bal	발
foot technique	bahl ki sool	발기술
foot	tae	태
footwork	bal jitgi	발짓기
forearm	pahl mahk, palmok	팔목
forefist	jung kwon	정권
forehead	eema	이마
form, pattern	poomse, pumse, poom sae	폼세
forward stance	ap kubi	앞굽이
forward step	naga jitgi	나가 짓기
free sparring	cha yu kyo ru gi, jayoo kyorugi	자유겨루기
front fighting stance	ap kyorumsae	앞 교루세
front kick	ap chagi	앞차기
front of back fist	tung chumok ap	등주먹 앞

front or forward	ahp, ap	앞
front stance	ap goobi jhase	앞굽이자세
front stance	ap sogi, ap seogi	앞서기
front strike	ap chigi	앞치기
good bye (to person leaving)	an nyong hi ka ship si yo	안녕히 가십시오
good bye (to person staying)	an nyong hi kye ship si yo	안녕히 계십시오
grade	goop, gup, kup	급
groin	nool ro, nahng sim	낭심
hammer fist strike	me ju mok chigi, meh ju mok chigi	메주먹 치기
hammer fist	me chumok, meh jumok	메주먹
hand	sahn, son	손
hand	kwon	권
head	muu ree, moo ree, mori	머리
head of court	kamdokkwan	감독관
heel	dwi koom chi, duikoomchi, da dak	뒷꿈치
hello	an nyong ha shim ni kka	안녕하세요
Hello	yo poseyo	여보세요
high block	eulgool makki, olgul magkie, ulgool makki	얼굴막기
high punch	olgul chirugie, eulgool chirugie	얼굴 짜르기 치르기
hinge shape	toltchogwi	돌쩌귀
hook kick	ban dal chagi, nak ka chagi	반달차, 나가 차기
hook punch	gullgi chirugie, nak ka jjirugi	걸기 짜르기, 나가 짜르기 치르기
horse riding stance	ju choom jhase	주춤 자세
incline attack	kiooru kongkyuk	기루 공격
indirect attack	kanjup kongkyuk	간접 공격
injury	boosang	부상
in-place attack	jejari kongkyuk	제자리 공격
inside (from inside to outside)	an	안
inside block	an mahki, ahn magkie, an makki	안 막기
inside edge of foot	an bahl nahl	안발날
inside edge of hand (ridgehand)	sahn kal deung	손갈등
inside forearm	an pahl mahk, an palmok	안 팔목
instep	bahl dung, bal dung, bahl gum chi	발등
instructor	sa bom, sabum, kyobum nim	사범, 교범님
instructor, sir	sa bum nim, sabom nim	사범님
internal power	nae gi	내기
jacket (uniform)	uht doree	윗도리
jaw	tang gyo tok	탕교톡

jaw strike	tanggyo tok chigi	탕교tot 치기
judge	shimpan	심판
judging paper	chajumpyo	차점표
jump spinning roundhouse	nada bum	나다범
jumping kick	ddweyo chagie	뛰어 차기
kick	chagi, chagie	차기
kicking stance	pal chagie	팔차기
knee strike	mu rup chigi	무릎 치기
knee	moo reup, moo rup, mu rup	무릎
knife block	sonnal makki	손날 막기
knife hand	son nal, sahn nal	손날
knife neck chop	son nal mok chigie	손날 목 치기
knife strike	sonnal chigi	손날 치기
knife-hand block	sto magkie	스토 막기
Korea	han guk	한국
Korean national flag	taegukdo	태권도
left	oen, woen	왼
left handed stance	woen kyorumsae	왼겨름세
leg	dah ree	다리
line up	zipap	집합
loud shout	keeyup, kiyap, ki hap	기합
low	arae, areh	아래
low block	arae makki, areh magkie	아래 막기
low stance	natchoomsae	낮춤세
martial arts school	dojang, to jang	도장
martial arts	mu sul	무술
martial morality	mudo	무도
master	kwan jang	관장
master, sir	kwan jang nim	관장님
meditation	mong nyom	묵념
middle inside block	momtong an makki	몸통 안 막기
middle block	momtong magkie, momtong makki	몸통 막기
middle punch	momtong chirugie	몸통 짜르카 지르기
mind	ma um	마음
mountain shape block	santul makki	산들 막기
national flag	kuk ki	국기
neck strike	mok chigi	목치기
neck	mok	목
negative/positive	um yang	음양

no	anio	아니요
one step sparring	hanbon kyorugi, han bun gyurugi	한번 겨루기
open stance	yullimsae	열림세
outer wrist blocked by body	pakkat palmok momtong koduro makki	바깥 팔목 몸통 고두로 막기
outside (from outside to inside)	pakkat, bakkat	바깥
outside block	pakkat mahk ki, bakkat makki	바깥 막기
outside edge of foot	bahl nahl, bal nal	발날
outside edge of hand (knifehand)	sahn kal, son kahl	손칼
outside forearm	bakkat pahl mahk, pakkat palmok	바깥 팔목
palm hand	patang son	바탕손
palm hand block	patang son momtong makki	바탕손 몸통 막기
palm hand press block	patang son nullo makki	바탕 손 눌러 막기
palm heel	sahn ba dak mit	손바닥 밑
palm side of forearm	meet pahl mahk	밑 팔목
palm-heel block	pa tang son an magkie	바탕손 안 막기
palm-heel	pa tang son	바탕손
pants (uniform)	ba jie	바지
parallel stance	naranhi sogi	나란히 서기
part mountain shape	oesantul	외산들
pattern	tul	틀
patterns, forms	hyung	형
philosophy	chol hak	철학
philtrum	in joong	인중
point	dukjum	득점
position, stance	jhase	자세
practicing hall	tojang, dojang	도장
press block	nullo makki	눌러 막기
professional technique	junmoon kisool	전문 기술
protection cup	satbodae	삿보대
punch	chirugi, jirugi, jjirugi	찌르기
punching	ju mok chirugie	주먹 찌르기→ 기르기
push kick	mil a chagie	밀어 차기
quick step backward	who jin	후진
quick step forward	chun jin	전진
ready stance	chunbi sogi, jhoom be jhase, joombi jhase	준비서기, 준비 자세
ready	chun bi, joonbe, joonbee, jhoom be, joombi	준비

red wins	hong sung	홍성
red	hong	홍
referee	chu shim, jooshim	주심
relax, rest or at ease	shwi o, sheo	쉬어
resting stance	peonee seogi	편히 서기
return	pa ro, parot, baro	바로
reverse punch	ban deh chirugie	반대 짜르가 지르기
reverse straight punch	pandae chirugi, pandae jirugi	반대 짜르가 지르기
reverse	pandae, ban deh	반대
ribs	chung kwong	정공
ridge hand (reverse of knife-hand)	an son nal doong	안손날등
ridge hand strike	sonnal tung chigi	손날 등 치기
ridge hand	yok son kahl	역손칼
riding stance	chuch um sogi	주춤 서기
right	orun	오른
right back fist forward strike	orun tung chumok ap chigi	오른등주먹 앞치기
right elbow	orun pahl goop	오른 팔꿈
right fist jaw strike	orun chumok tanggyo-tok chigi	오른 주먹 탕교특 치기
right handed stance	ohrun kyorumsae	오른 겨름세
rising block	ol lyo makki	올려 막기
round number, round	hwe jun, hoejun	회전
roundhouse kick, turn kick	dolrya chagi, dollyu chagi , tol lyo chagi, ap dolyo chagi	돌려차기, 앞돌려차기
scattered block, wedging block	hech yo makk, hechuh magkie	헤쳐막기
scissor's block	gawi magkie	가위 막기
second round	ee hoejun	2회전
self defence	hoshinsul, hosin sool	호신술
senior belt	sun bae nim	선배님
shin	ahp jung kang yi	앞정강이
shoulder	ouka	어깨
side	yop, yoop, yup	옆
side block	yop makki	옆 막기
side fighting stance	yup kyorumsae	옆 겨름세
side kick	yop chagi, yup chagie, yoop chagi	옆차기
side step	bikyu jitgi	비껴짓기
single attack	danil kongkyuk	단일 공격
single knife hand	han son nal	한손날
single mountain block, part mountain shape block	oe santeul magkie, oesantul makki	외산들 막기

sliding attack	mikurro kongkyuk	미끄러 공격
sliding kick	mikulgi chagie	미걸기 차기
sliding step	kulro jitgi	걸러 짓기
solar plexus	myung chi	명지
sole of foot	bahl ba dak, bal bahdak	발바닥
sparring	gyroogi, kyorugi	겨루기
spear hand	son kkut	손끝
spear hand strike, spear hand thrust	sonkkut chirugi, sonkkut tchirugi, son kkut jji rugi	손끝 짜르기 지르기
spear-hand thrust	pyonson keut chirugie	편손끝 짜르기 지르기
spin strike to face	eulgool dollyo chigi	얼굴 돌려 치기
spin whip kick	duihoryu chagi	뒤후려차기
spinning kick	dolmyo chagi	돌며 차기
spinning wheel kick	dhi dola hwe gun chagie	뒤돌아 회전차기
spirit	chong shin	정신
spreading	che chyo	제쳐
stance	goobi, kubi, seogi, sogi	굽이, 서기
start	shi jak, si jack	시작
stepping kick	yedan bal chagie	예단 발 차기
stop	gum on	그만
stop, separate, break	kal lyo, kal yeo	갈려
straight punch, lunge punch	paro chirugi, paro jjirugi	바로 짜르기 지르기
straight	paro	바로
stretching	pyoogi	펴기
strike downwards	nehryuh jeek gi	내려치기
strike	chigi	치기
superiority	u se, woosae	우세
suspend (the time keeping)	kye shi	개시
swallow shape neck strike	chebi pum mok chigi	제비품 목치기
swallow-form knife-hand strike	jebipoom sonnal mok chigi	제비풀 손날 목치기
switch kick	bal da kwoe chagie	발바꿔 차기
switch	kyo dae	교대
taekwondo uniform	tobok, dobok, dubok	도복
target	pyojok	표적
target kick, crescent, outside to inside	pyojeok chagie	표적 차기
target punch	pyojok chirugi	표적 짜르기 지르기
target strike	pyojok chigi	표적 치기
technique	kisool	기술
thank you	kam sa ham ni da	감사합니다

the way	do	하기
third round	sam hoejun	3회전
throat	mokoomeong	목구멍
tie (judges ruling)	bi kim	비김
tiger stance	bum seogie, pom sogi	범 서기
time	shigan, sikan	시간
toes	bahl keut	발끝
triple punch	sae bun chirugie	세번 짜르기 <i>(지르기)</i>
trunk (middle section)	mom toong	몸통
trunk double punch	momtong tubon chirugi	몸통 두번 짜르기 <i>(지르기)</i>
trunk outside ankle	momtong pakkat palmok	몸통 바깥 발목
trunk reverse punch, the punching arm and forward leg are on the same side	momtong pandae chirugi	몸통 반대 짜르기 <i>(지르기)</i>
trunk straight punch, the punching arm is opposite to the forward leg	momtong paro chirugi	몸통 바로 짜르기 <i>(지르기)</i>
trunk thrust	montong tchirugi	몸통 짜르기 <i>(지르기)</i>
turning	dollyo	돌려
twist kick	biteuro chagi	비틀어 차기
uniform	dobok, dubok, tobok	도복
upper thrust	chech yo tchirugi	제쳐 짜르기 <i>(지르기)</i>
vertical thrust	sewo tchirugi	세워 짜르기 <i>(지르기)</i>
waist	huri	허리
walking stance	ap seogi jhase	앞 서기 자세
warning	jooi, kyung go	주의, 경고
warrior	mu sa	무사
weight division	che gup	체급
wheel kick, swing, half moon, outside to inside	hwe jun chagi	회전 차기
whip kick	hooryu chagi, hu ryo chagi	후려차기
winner	sung	승
withdrawal	kikwon	기권
wrist	sahn mahk	손목
X-block	yeot georeo magkie	엇길이 막기
X-stance	kyo cha seogi	교차 서기
X-stance, lead leg lands rear	dwit koa seogi	뒷꼬아 서기
X-stance, lead leg stays in front	ap koa seogi	앞꼬아서기
yell	kihap	기합
yes	ye, ne	네

Numbers

- 1 ha na 하나
- 2 dul 둘
- 3 set 셋
- 4 net 넷
- 5 da seot 다섯
- 6 yeo seot 여섯
- 7 il gop 일곱
- 8 yeo deolp 여덟
- 9 ah hop 아홉
- 10 yeol 열